Design Laboratories for

Accessible Environment

Janet Baum, AIA, Div. CHAS Program Co-Director and Instructor, Harvard University T. H. Chan School of Public Health Boston, Massachusetts

AGENDA: Accessible Laboratory Environment Improving Safety for Disabled Persons

Introduction

- Why these topics are important
- Sources of Information
- **Topics:** Building Codes & Standards
 - Hazardous Materials
 - Emergency Egress

Accessibility in the Laboratory

- Egress & Entry
- Lab Furniture and Equipment

INTRODUCTION: Accessible Laboratory Environment

Improving Safety for Disabled Persons

Why are these topics important to building owners, facility managers and operators, faculty, staff and students, those persons who enter and use laboratory buildings, laboratory spaces?

INTRODUCTION: Accessible Laboratory Environment

Improving Safety for Disabled Persons

U.S. CHEMICAL SAFETY & HAZARD INVESTIGATION BOARD, Aug. 16, 2018, "Laboratory Incidents from January 2001- July 2018"

Includes:

- Incident date
- Organization
- Location: City, State
- Fatalities
- Injuries

Accessed August 27, 2018

https://www.csb.gov/assets/1/17/ csb_laboratory_incident_data.pfd?16376





U.S. Chemical Safety and Hazard Investigation Board

				_	_	
Incident Date	Organization	City	State	Fatalities	Injuries	
2008-12-29	University of California, Los Angeles	Los Angeles	California	1	0	
2009-02-28	Boise State University	Boise	Idaho	0	1	
2009-03-09	Florida Medical Clinic	Zephyrhills	Florida	0	0	
2009-07-27	Wasatch Labs	Ogden	Utah	0	3	
2009-08-29	Eurand America, Inc.	Vandalia	Florida	0	2	
2009-09-08	Indiana University-Purdue University Indianapolis	Fort Wayne	Indiana	0	1	
2010-01-07	Texas Tech University*	Lubbock	Texas	0	1	
2010-05-11	Texas A&M University	College Station	Texas	0	2	
2010-06-02	Southern Illinois University	Carbondale	Ilinois	0	1	
2010-06-28	University of Missouri	Columbia	Missouri	0	4	
2010-12-03	Northwestern University	Evanston	Ilinois	0	1	
2011-01-17	Spectrum Microwave	Mariborough	Massachusetts	0	20	
2011-02-08	SynQuest Laboratories	Alachua	Florida	0	1	
2011-02-17	Oregon Health and Science University	Portland	Oregon	0	4	
2011-03-08	Southfield Lathrup High School	Lathrup Village	Michigan	0	3	
2011-03-10	Louisiana State University	Baton Rouge	Louisiana	0	1	
2011-03-16	Choice Dental Laboratory	St. Joseph	Michigan	0	1	
2011-04-26	Aglient Technologies	Santa Rosa	California	0	1	
2011-04-30	Aberdeen Proving Ground Laboratory	Aberdeen	Maryland	1	0	
2011-04-30	Front Range Community College	Longmont	Colorado	0	1	
2011-05-02	IMANNA Laboratory, Inc.	Rockledge	Florida	0	1	
2011-05-09	University of California, Berkeley	Berkeley	California	0	1	
2011-05-12	Clarkson University	Potsdam	New York	0	1	
2011-05-18	Louisiana State University	Baton Rouge	Louisiana	0	0	
2011-06-20	Purdue University	West Lafayette	Indiana	0	6	
2011-06-25	Boston College	Chestrut Hill	Massachusetts	0	1	
2011-07-12	University of West Florida	Pensacola	Florida	0	2	
2011-07-20	New Life Worship Center	Smithfield	Rhode Island	0	4	
2011-08-02	Bradley University	Peoria	Tinois	0	0	
2011-08-17	University of Pittsburgh	Pittsburgh	Pennsylvania	0	1	
2011-09-02	Membrane Technology and Research, Inc.	Merilo Park	California	1	1	
2011-09-12	Geomet Technologies, LLC	Gaithersburg	Maryland	0	1	
2011-09-19	Harold L. Richards High School	Oak Lawn	Ilinois	0	1	
2011-09-21	West Charlotte High School	Charlotte	North Carolina	0	1	

INTRODUCTION: Accessible Laboratory Environment

Improving Safety for Persons with Disabilities

U. S. CHEMICAL SAFETY & HAZARD INVESTIGATION BOARD

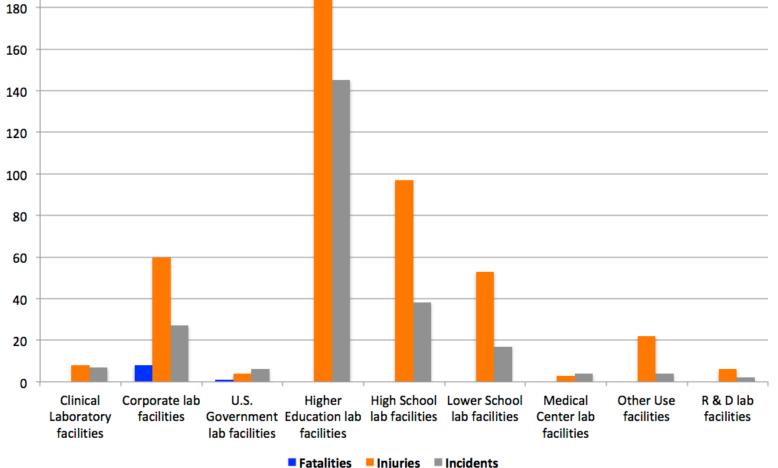
"LABORATORY INCIDENTS YEARS 2001 to JULY 2018"

INCIDENTS 150INJURIES 265FATALITIES 12

Data are available for Biological Hazard Incidents from American BioSafety Association (<u>www.ABSA.org</u>)

INTRODUCTION: Accessible Laboratory Environment Improving Safety for Persons with Disabilities





REFERENCES & SOURCES of INFORMATION

Accessibility in the Laboratory, 2018, Editors Sweet, Gower, Heltzel.

<u>Accessible and Usable Buildings and Facilities</u>, International Codes Council, ANSI A117.1 Standard, 2017

ADA Standards for Accessible Design, U.S. Dept. of Justice (DOJ).

https://www.ada.gov/2010ADAstandards_index.htm.

<u>Americans with Disabilities Act of 1990</u>, amended 2008: 28 CFR, Title III, Part 36, Subpart D, "New Construction and Alterations", Paragraphs 4.3, "Accessible Route" and 4.3.1.0, "Egress".

ANSI-ASHRAE Standard 110-20??,

<u>Biosafety in Microbiological and Biomedical Laboratories</u>, 5th Ed., 2009, National Institutes of Health & Centers for Disease Control.

"Body Measurements", National Health & Nutrition Examination Survey III, 1988

- https://www.cdc.gov/nchs/data/nhanes/nhanes3/cdrom/nchs/manuals/anthro.pdf

Design Guidelines Manual, 2016, U.S. National Institutes of Health

Guide to the ADA Standards.

https://www.access-board.gov/guidelines-and-standards/building-and-sites-about-the-

standards/guide-to-the-ada-standards

REFERENCES & SOURCES of INFORMATION

- Guidelines for Laboratory Design: Health, Safety & Environmental Considerations, 4th Ed., L. DiBerardinis, J. Baum, M. First, G. Gatwood, A. Seth, 2013.
- International Building Code (IBC): Ch. 10 "Means of Egress", 2018.
- International Fire Code (IFC): Ch. 5 "Fire Service Features", Ch. 9, "Fire Protection Systems", 2018.
- International Mechanical Code (IMC): Ch. 5, "Exhaust Systems", 2012.
- <u>Health and Safety Standards:</u> 29 CFR 1910.34, Ch. 17, Subpart E, "Means of Egress" Occupational Safety & Health Administration (OSHA), 2011
- <u>NFPA 101: Life Safety Code</u>, Sections 1.1.3 "Egress Facilities" and 1.12 "Danger to Life from Fire", National Fire Protection Association, 2018.
- <u>NFPA 45: Standard on Fire Protection for Laboratories Using Chemicals</u>, Section 5.4.2, "Laboratory Egress", National Fire Protection Association, 2015.
- Prevalence of Obesity Among Adults and Youth: 2015-2016", Hales, Carrol, Fryar, Ogden, U.S. Center for Disease Control, NCHS Data Brief #288, October, 2017. https://www.cdc.gov/nchs/data/databriefs/db288.pdf
- Prudent Practices in the Laboratory: Handling and Management of Chemical <u>Hazards</u>, 2011, National Research Council.

Improving Safety for Persons with Disabilities

BUILDING CODE USE: by Laboratory Building Owners, Facility Managers and Operators, Faculty and Staff

- 1. Guide leaders in educational organizations to:
 - Understand key code requirements.
 - Understand key user requirements in Program Doc.
 - Quality Control (QC) during owner & user reviews.
 - Insist on code compliance.
- 2. Communicate with Building Officials, as needed, to explain owner's requirements.

WHY?

To facilitate code reviews by the jurisdiction(s) having authority (JHA)

Improving Safety for Persons with Disabilities

BUILDING CODE KEY TOPICS:

for Laboratory the Building Owner, Facility Managers, Operators, Faculty, and Staff

Following information is based on *International Building Code* (2009)

Occupancy Type

Hazardous Materials

Construction Types & Fire Protection

Egress

Improving Safety for Persons with Disabilities

OCCUPANCY TYPES

- **A** Assembly A-1, A-2, A-3, A-4, A-5
- **B** Business
- **E** Educational (day care, pre-school to 12th Grade)
- **F** Factory, F-1, F-2
- **H** High-hazard H-1, H-2, H-3, H-4, H-5
- I Institutional, I-1, I-2, I-3, 1-4
- M Mercantile
- **R** Residential R-1, R-2, R-3, R-4
- **S** Storage S-1, S-2
- **U** Utility and Miscellaneous

Improving Safety for Persons with Disabilities

OCCUPANCY TYPES

Scientific Education Laboratories are ALLOWED in:

- **B Business** (institutions of higher education & training)
- **E Educational** (day care, pre-school to 12th Grade)

Scientific Research Laboratories are Allowed in:

- H High-hazard, H-1, H-2, H-3, H-4, H-5
- F Factory (only as an incidental use within factory)
- I Institutional (only as an incidental use within hospital)
- U Utility and Miscellaneous (only ancillary laboratory uses such as compressed gas tank storage shed)

All other Occupancy Types do not allow scientific laboratories. Exceptions: Scientific computer and data facilities and use are allowed.

Improving Safety for Persons with Disabilities

HAZARDOUS MATERIALS CODE REQUIREMENTS: for Owners, Facility Managers, Operators, Faculty, and Staff

Identify risks, evaluate hazards, and recommend appropriate design features, materials, and responses to the design team.

Understand and Maintain building systems that protect laboratory buildings from damaging events and unsafe conditions.

Identify professional design standards that will meet the level of physical Containment required for hazardous materials, based on risks identified by faculty and staff, facility engineer, environmental health & safety.

Owner may bear liability for **accidents** that cause failure of building systems designed to contain release of hazardous materials.

Improving Safety for Persons with Disabilities

IDENTIFY & ASSESS RISK - Hazardous Materials & Processes

DCHAS Laboratory Risk Assessment Teaching Materials

Version 1.0

Developed by ACS DCHAS Risk Assessment Video Task Force

For more information, send comments and questions: membership@dchas.org

September, 2018

"Reducing the Risk of Liability in the Laboratory", by Kenneth Roy, National Science Teachers Association, NSTA blog, Oct. 17, 2018 <u>http://nstacommunities.org/blog/2018/10/17/reducing-the-risk-of-liability-in-the-lab/</u>

Improving Safety for Persons with Disabilities

"Hazard Rating per Control Area of Hazardous Materials *Posing a PHYSICAL HAZARD"* (adapted from Table 307.1(1))

Materials are used under these conditions:

- In Storage of solid, liquid and gaseous materials
- In Use-Closed Systems for solid, liquid and gaseous materials
- In Use-Open Systems solid, liquid and gaseous materials

Combustible, Cryogenic, Explosive, Flammable, Organic Peroxide, Oxidizer, Pyrophoric, Unstable, Water Reactive

Improving Safety for Persons with Disabilities

"Hazard Rating per Control Area of Hazardous Materials Posing a HEALTH HAZARD" (adapted from Table 307.1(2))

Materials are used under these conditions:

- In Storage of solid, liquid and gaseous materials
- In Use-Closed Systems for solid, liquid and gaseous materials
- In Use-Open Systems solid, liquid and gaseous materials

Corrosive Highly Toxic Toxic

Improving Safety for Persons with Disabilities

SPECIAL DETAILED REQUIREMENTS

IBC Exempt Quantities of Hazardous Materials Per Floor

Floors 10 & above, 5%		
Floor 9, 5%		
Floor 8, 5%		2 hour Fire
Floor 7, 5%		barrier Requirement
Floor 6, 12.5%		
Floor 5, 12.5%		
Floor 4, 12.5%		
Floor 3, 50%		
Floor 2, 75%		
Floor 1,		
Basement, 75%	6	1 hour fire barrier
Sub-basement 50%		requirement

Notes:

- 1. Storage limits = Total quantities for entire building.
- 2 Building must be equipped with automatic sprinkler system for quantities shown.
- 3. Materials must be stored in approved manner.

Improving Safety for Persons with Disabilities

HAZARDOUS MATERIALS: Use & Storage in Safety Equipment



Toxic Gas Cylinders in Vented Toxic Gas Cabinets



Flammable Liquids in Laboratory Safe Refrigerator

Chemicals Stored in Vented Storage Cabinet at Side of Chemical Fume Hood



Chemical Fume Hood with Under-counter Flammable Liquid & Corrosive Storage Cabinets

Improving Safety for Persons with Disabilities

CONSTRUCTION TYPE & FIRE PROTECTION

Description of Construction Type (IBC, 2009)

Type I and II – Noncombustible building elements listed in Table 601 with fire-resistance rating shown.

Type III – **Noncombustible building exterior walls**. Interior elements are of any material permitted by this code.

Type IV (HT) – **Noncombustible building exterior walls**. Fire-retardant-treated wood framing permitted within exterior wall assemblies of ≤ 2 hour rating. Interior elements are solid or laminated wood without concealed spaces. Minimum solid sawn nominal dimensions are required for structures.

Type V – Structural elements, exterior walls, and interior walls are of any materials permitted by this code.

Improving Safety for Persons with Disabilities

FIRE PROTECTION

Fire Detection Control Panel in a Fire Department Control Center



Automated Water Sprinkler System on Ceiling



Photos provided with permission by Janet Baum, AIA, Program Co-Director, Harvard SPH, Boston, MA

BUILDING ACCESSIBILITY REQUIREMENTS: Building Codes, ADA, OSHA: for Building Owners, Facility Managers, Operators, Faculty, and Staff

Compliance with accessibility laws and regulations that are applicable to the use, occupancy, and ownership of the facility.

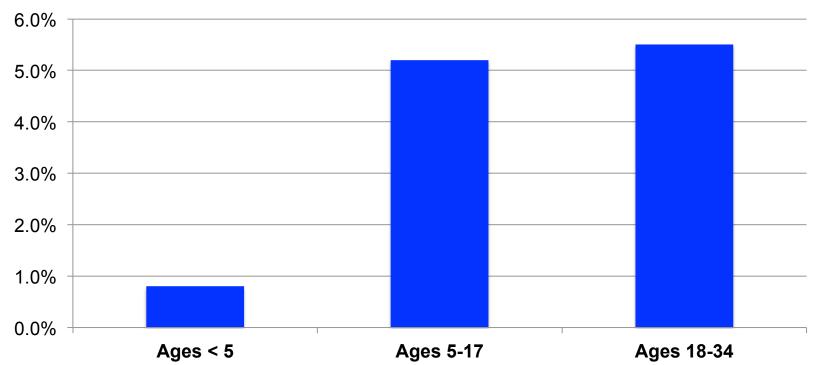
Compliance to standards the owner, manager, & building users require.

Communicate to the design team about the extent and level of accessibility and compliance the owner, facility manager, faculty, staff and students require in specific laboratories, classroom, general assembly, and community facilities.

Improving Safety for Persons with Disabilities

ADA COMPLIANCE: School Age Demographics from 2010 U.S. Census - Enrolled in School = **89,939,002**

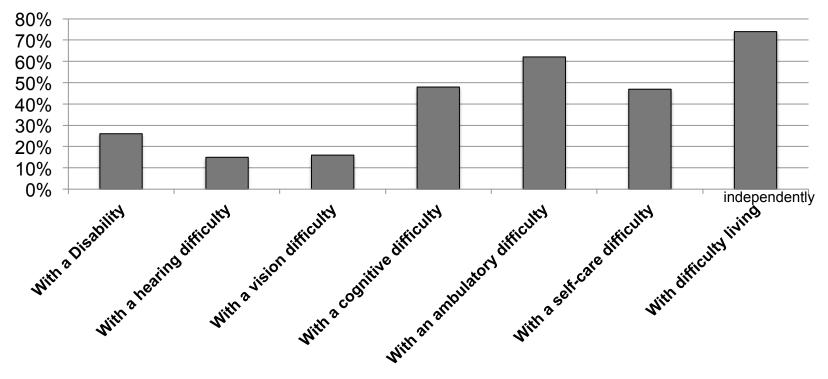
Percent of U.S. Population in 2012 Census Review: Disability by Age Group



Improving Safety for Persons with Disabilities

ADA COMPLIANCE: Labor Force Demographics

2010 U.S. Census: Percent Population Not in Labor Force by Disability - 62,372,298 Persons



Improving Safety for Persons with Disabilities

ACCESSIBILITY STANDARDS: ADA

U.S. Americans with Disabilities Law 1990: amended 2003

- *U.S. Percent Total Population with Disabilities: **18.36%** *U.S. Percent Workforce Age with Disabilities: **4.96%**
- Applies to Government-owned laboratory buildings
- Public Institution-owned laboratory buildings
- Private Institution-owned laboratory buildings when institution accepts government funding of research programs.
- Commercial and Industry-owned laboratory buildings that permit public access.
 - * 2010 U.S.A. Census

Improving Safety for Persons with Disabilities

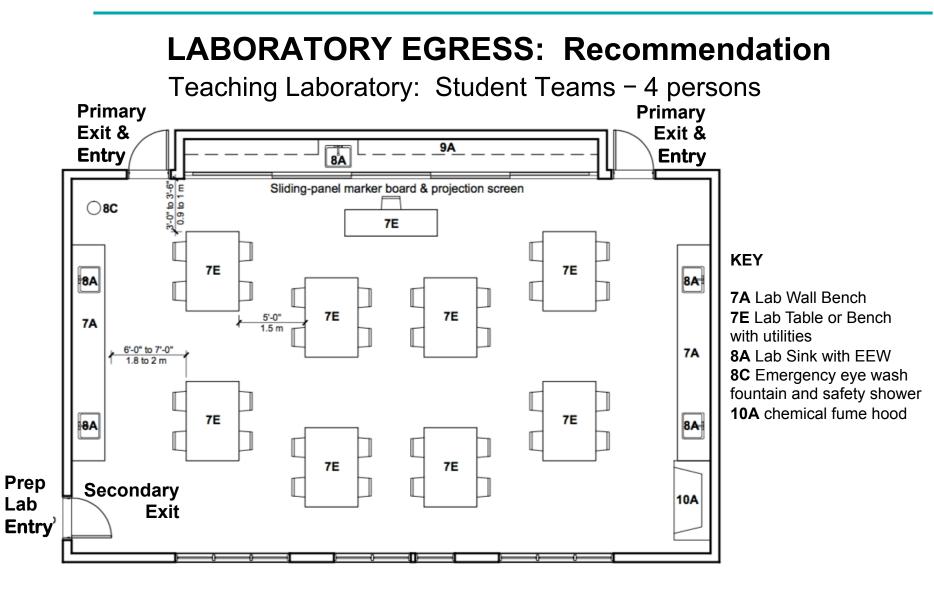
ADA COMPLIANCE: Layout Requirements Access to and Egress from Laboratories

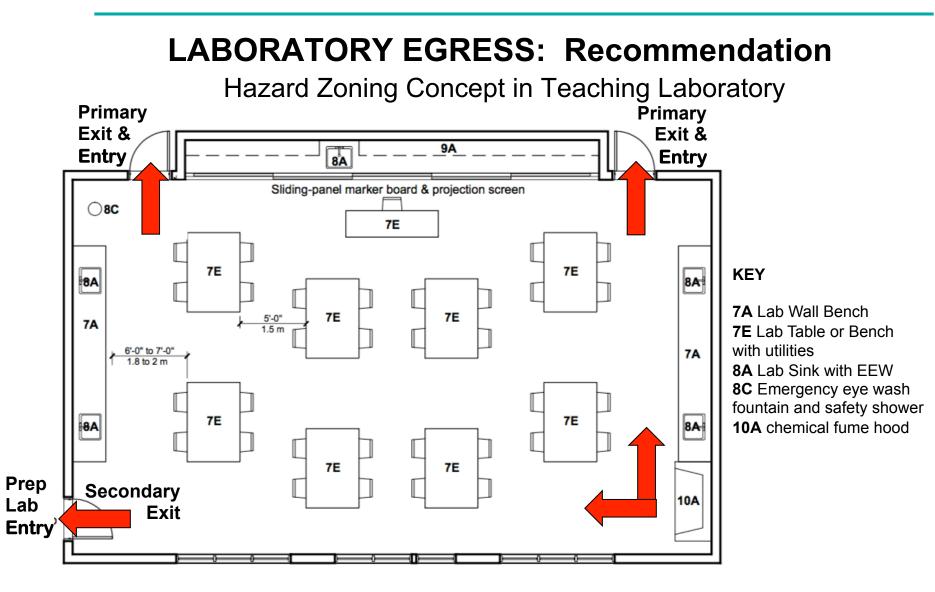
- Wheelchair Clearance on both sides of Exit and Entry doors.
- Wheelchair Clearance at Emergency Eyewash & Safety Shower
- Wheelchair Clearance in front of wall benches, sinks, equipment
- Wheelchair Clearance in front of chemical fume hoods
- Wheelchair Clearance at chalk/marker board
- Wheelchair Clearances between benches
 - Aisles that lead to Primary Exits, back to front
 - Aisles that allow passage side to side in lab

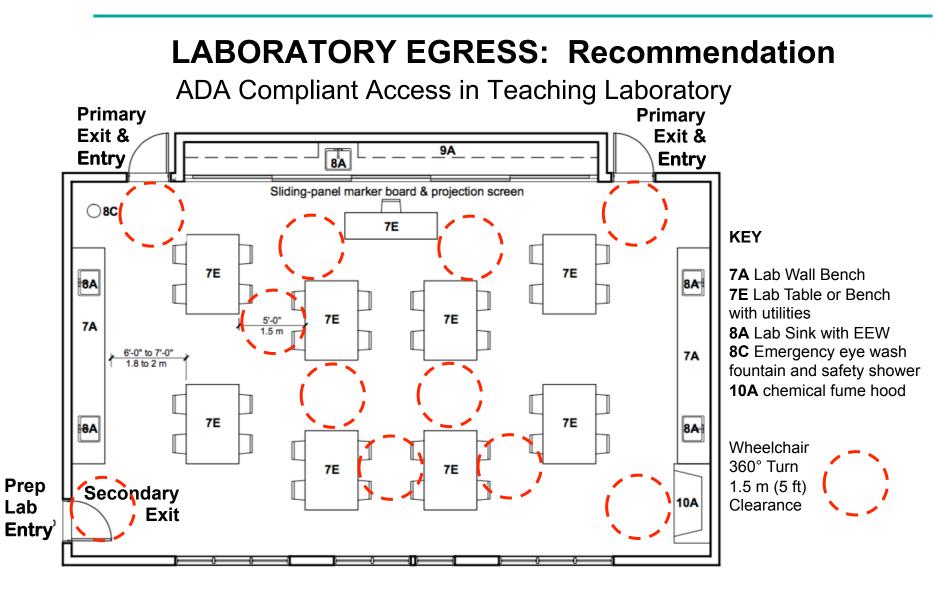
Improving Safety for Persons with Disabilities

LABORATORY EGRESS: Recommendations

- 1) Perform **Risk Assessment** to identify hazards in each lab.
- 2) Building and lab spaces are E or B occupancy and Type I or Type II A construction rating
- 3) Laboratories are **fully fire-protected** by an approved automatic sprinkler system (Exception: labs using water-reactive chemicals).
- 4) Minimum **2 Exits** for labs \geq 500 sf (150 sm) net area.
- 5) Minimum **2 Exits** for labs using chemical fume hoods or glove box
- 6) Minimum **2 Exits** for labs using flammable and combustible: liquids, gases, cryogenics, dusts and solids.
- 7) Minimum **2 Exits** for labs using oxidizers, unstable reactives, water reactives, organic peroxides, highly toxics, corrosives.
- 8) Risk Assessment determines numbers of exits for Biosafety Levels 2, 3 and 4.

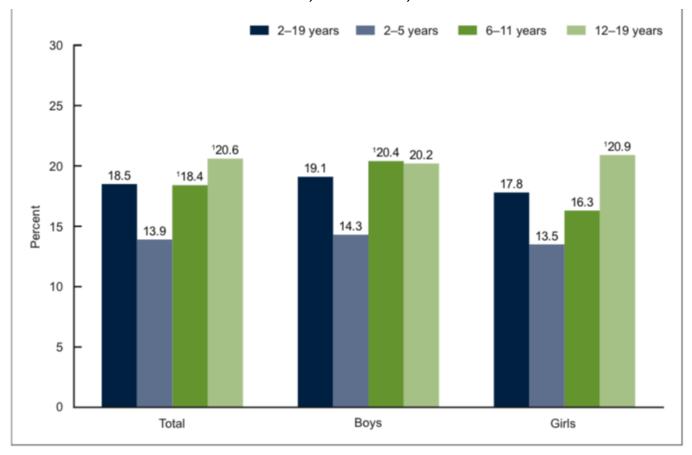






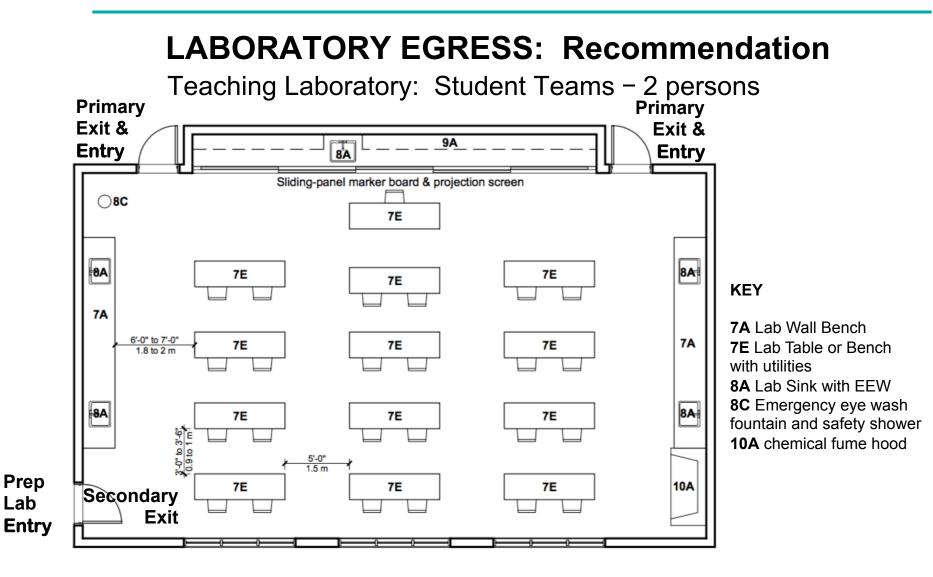
Improving Safety for Persons with Disabilities

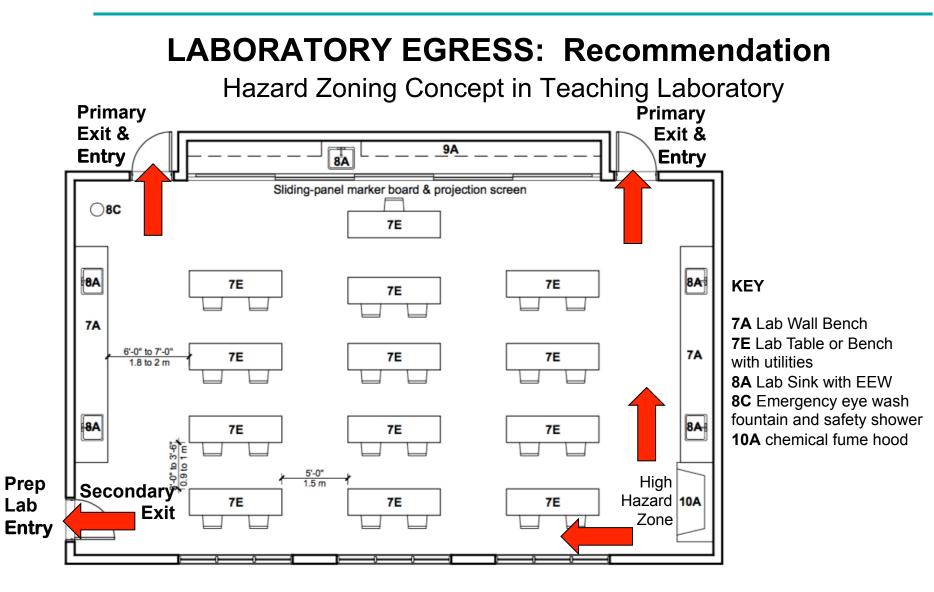
CDC Study of Obesity Among Youth 2 – 19 years NCHS Data Brief, No. 288, October 2017

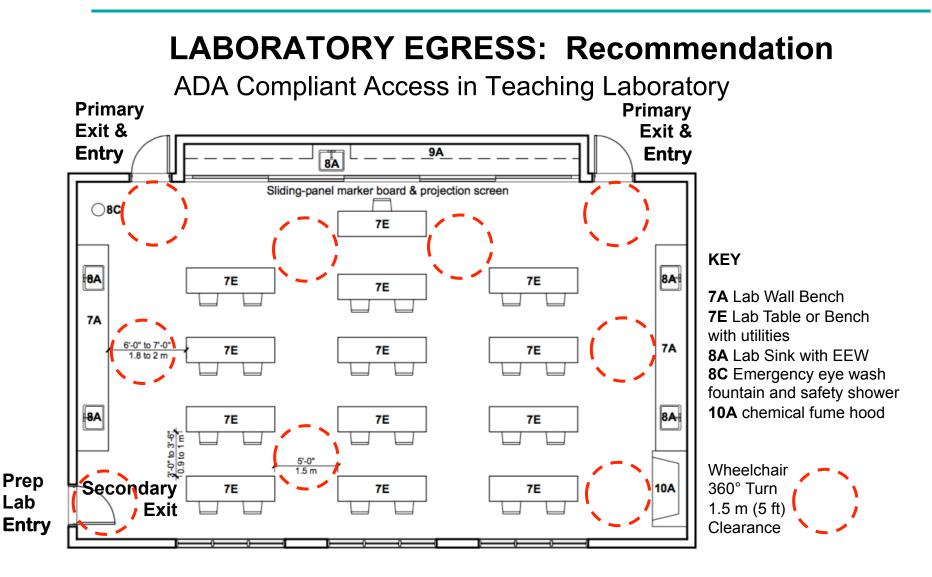


Significantly different from those aged 2-5 years.

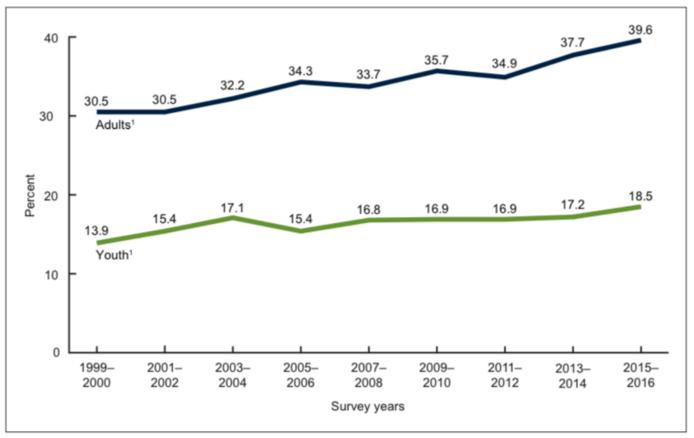
NOTE: Access data table for Figure 3 at: https://www.cdc.gov/nchs/data/databriefs/db288_table.pdf#3. SOURCE: NCHS, National Health and Nutrition Examination Survey, 2015–2016.







CDC Study of Obesity Rates Adult vs Youth 1999 – 2016 NCHS Data Brief, No. 288, October 2017

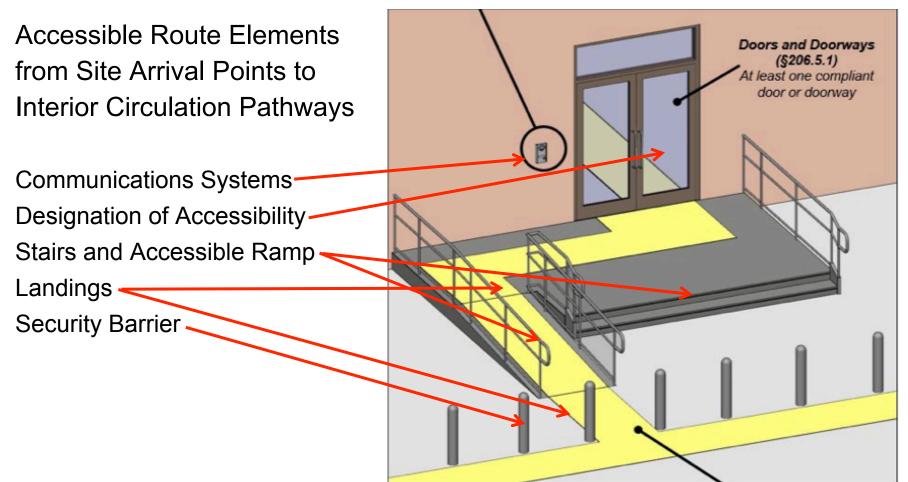


¹Significant increasing linear trend from 1999-2000 through 2015-2016.

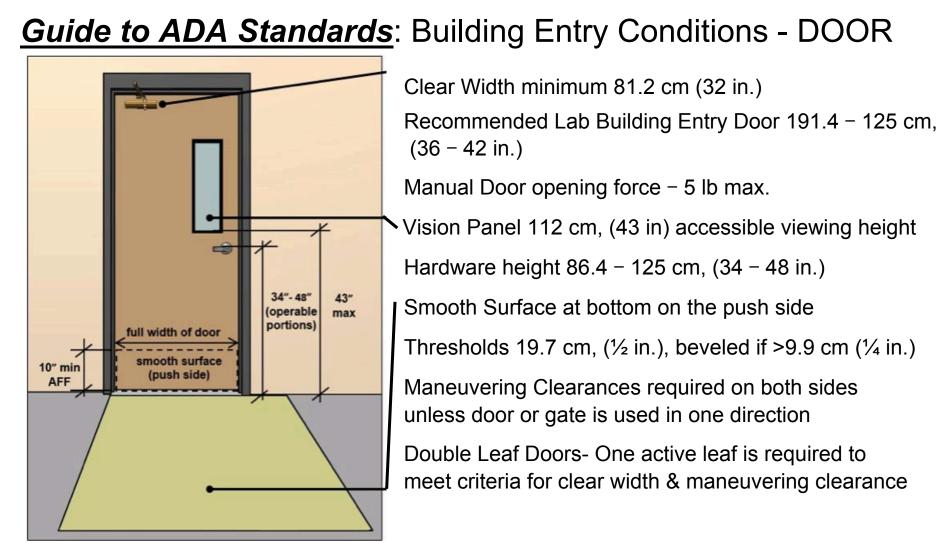
NOTES: All estimates for adults are age adjusted by the direct method to the 2000 U.S. census population using the age groups 20–39, 40–59, and 60 and over. Access data table for Figure 5 at: https://www.cdc.gov/nchs/data/databriefs/db288_table.pdf#5.

SOURCE: NCHS, National Health and Nutrition Examination Survey, 1999-2016.

Guide to ADA Standards: Building Entry Conditions



Drawing from Guide to the ADA Standards



Drawing from Guide to the ADA Standards

Guide to ADA Standards: Building Entry Conditions - RAMP

Recommended Ramp Minimum: Clear Width 91.4 cm (36 in.) Maximum Rise 76.2 cm (30 in.), Running Slope 3.9:30.5 cm (1:12 in.)

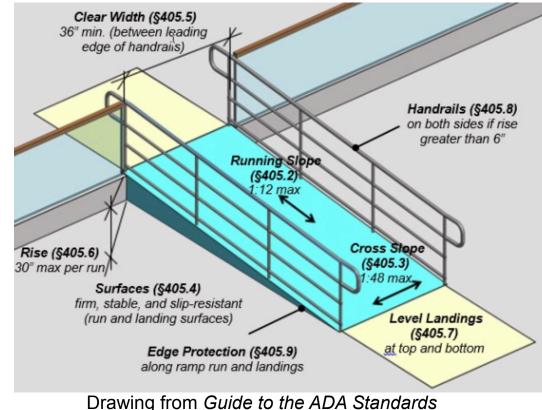
Other requirements:

Cross Slope 4:125 cm (1:48 in.)

Handrails on both sides

Edge Protection 30.5 cm (12 in.) on both sides & landings

Level Landings designed to prevent pooling of rain or snow-melt



Guide to ADA Standards: Building Entry Conditions - RAMP

Recommended Ramp Minimum Landing where Ramp **Changes Direction**: Clear Width 1.5 m (60 in.) in each direction at Landings

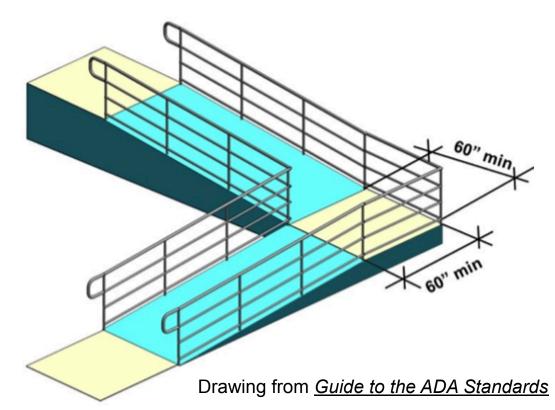
Other requirements:

Cross Slope 4:125 cm (1:

Handrails on both sides

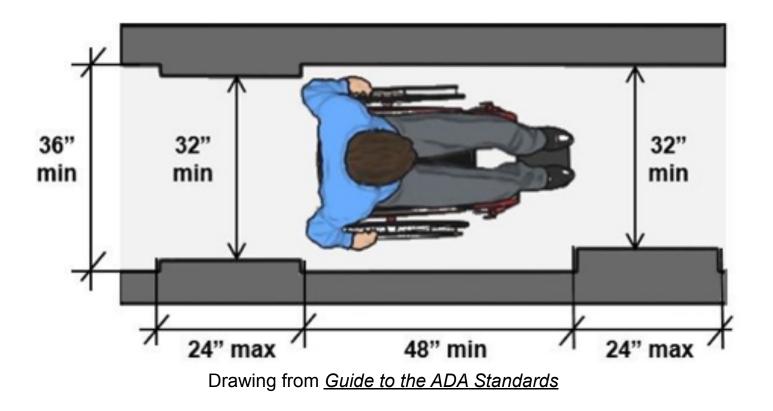
Edge Protection 30.5 cm on both sides & landings

Level Landings designed pooling of rain or snow-m



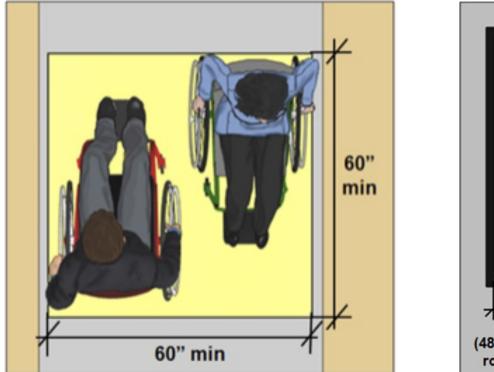
Guide to ADA Standards: Hall, Corridor, Aisle minimum width

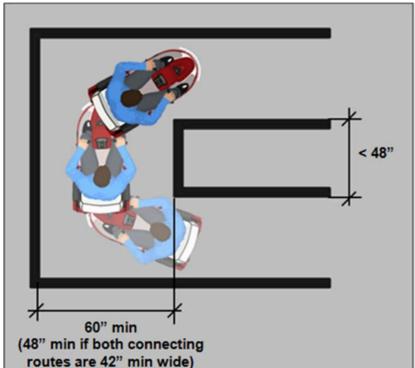
Recommended **minimum** Hall or Corridor width 91.4 cm (36 in.) can be reduced to 81.3 cm (32 in.) in certain conditions, for a distance 61 cm (24 in.)



Guide to ADA Standards: Hall, Corridor, Aisle minimum widths

Recommended **minimum** Hall or Corridor width of 1.5 m (60 in) with passing space for 2 persons in wheelchairs is applicable to laboratory aisle minimum.





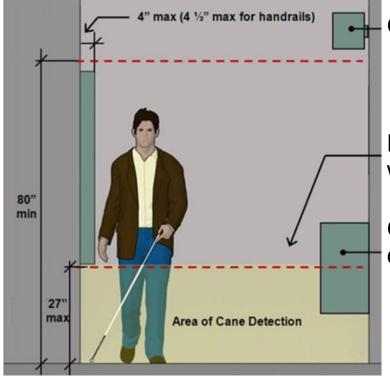
Drawings from Guide to the ADA Standards

ADA Design Guide: Accessible Laboratory Environment

Improving Safety for Persons with Disabilities

Guide to ADA Standards: Hall, Corridor, Aisle minimum widths

Recommended **minimum** width of 1.5 m (60 in) with passing space for 2 persons in wheelchairs is applicable to laboratory aisle minimum.



Objects above headroom clearance can protrude any amount

Protruding objects cannot reduce the minimum width of accessible routes.

Objects with leading edges within cane sweep can protrude any amount.

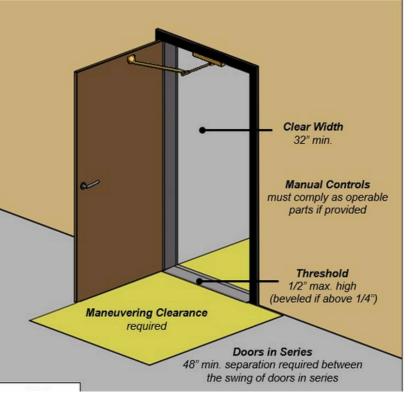
Drawing from Guide to the ADA Standards

ADA Design Guide: Accessible Laboratory Environment

Improving Safety for Persons with Disabilities

Guide to ADA Standards - Door Opening Requirements

Recommended **minimum** width for laboratory doors 0.91 m (36 in) Preferred width 1.0 m (40 in)



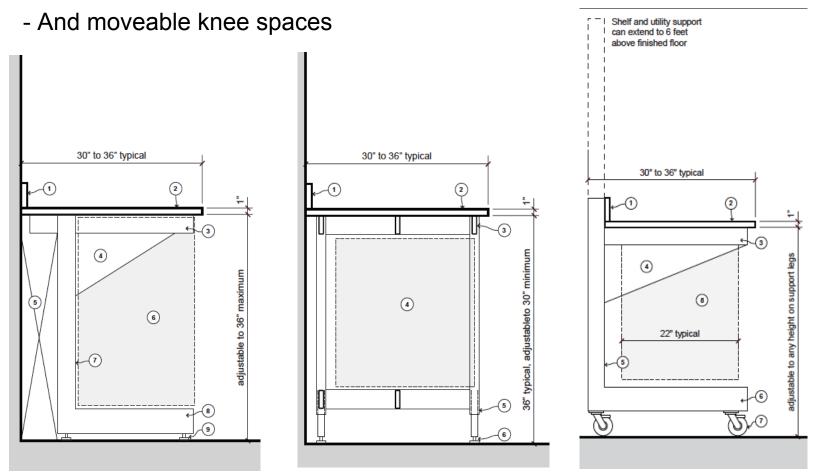
Drawings from *Guide to the ADA Standards*

Clearances for door with automatic opener



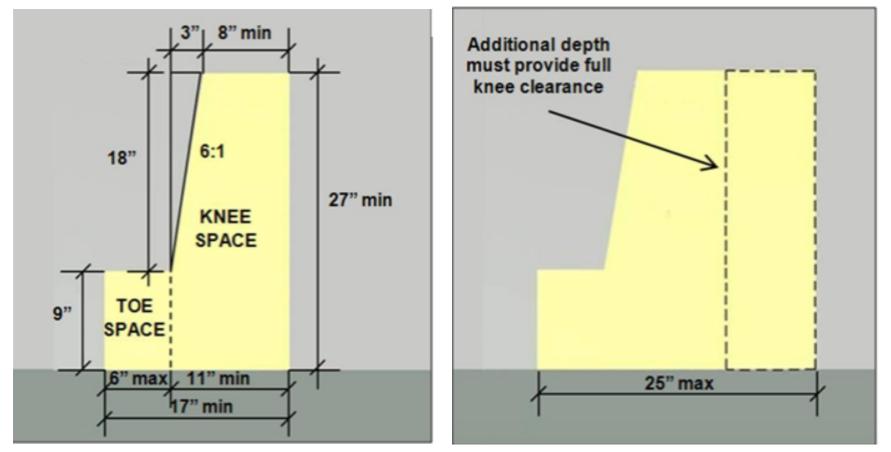
LAB FURNITURE, FIXTURES, FITTINGS

- These bench systems have flexible, adjustable heights



LAB FURNITURE, FIXTURES, FITTINGS

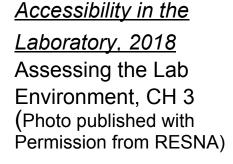
Knee spaces ADA Criteria: Height, depth. Width required 91.4 cm (36 in.)



Drawings from *Guide to the ADA Standards*

LAB FURNITURE, FIXTURES, FITTINGS

- These table systems have flexible, adjustable heights
- Open knee spaces





Environmental Quality & Protection

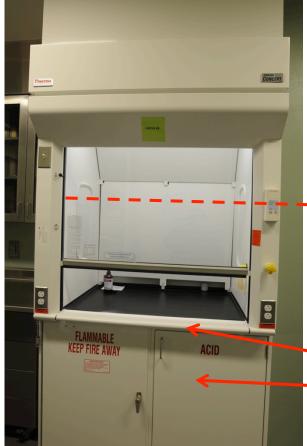
Compliance of the design with environmental protection laws, regulations, and professional standards.

Provide safety in laboratories for occupants' breathing zone during use of hazardous chemicals.

Liability for poor performance, pollution, and building damage due to building's ventilation, plumbing, and electrical systems design's maintenance and operation

- Exhaust Air Containment - Std Chemical Fume Hood

Work Surface Height: Not Adjustable



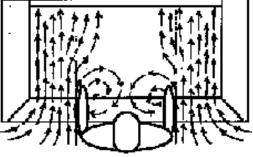


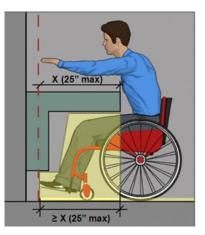
Diagram of airflow at CFH

Nose level of 5'-10" tall manikin used in ANSI Std-110 test

Standard CFH has knee space obstructions CFH frame Chemical stg



Knee space obstructions limit seated persons' reach



Drawings from Guide to the ADA Standards

Photos provided with permission by Louis DiBerardinis

- Exhaust Air Containment Chemical Fume Hood (ADA-CFH)

Current design ADA chemical hoods meet most ADA requirements:

- 1. Work surface height is adjustable
- 2. Area beneath work surface is unobstructed.
- 3. Height for wheelchair to move forward under work surface.
- 4. Utility outlets are in reach.
- 5. Alarm control are visible.
- 6. ADA-CFH may or may not protect operator. Breathing zone of seated operator is within the sash opening where leakage of fumes & aerosols within hood **increases risk**.



Observe proximity of operator's face in relation to work surface level of CFH and top of open beaker.

- Exhaust Air Containment Biological Safety Cabinets (BSC)

Currently BSCs are the best containment equipment that can adjust to meet ADA requirements:

- 1. Work surface height is adjustable
- 2. Area beneath work surface is unobstructed.
- 3. Height for wheelchair to move forward under work surface.
- 4. Utility outlets are in reach.
- 5. Alarm control are visible.

AND

Operation of BSC **protects operator of BSC** as well as work products within chamber and good ergonomic design for operator.



Exhaust Air Capture Systems at Laboratory Benches

Local Exhaust System with Multiple Snorkels



Local Slot Exhausts at Student Benches



Photos provided with permission by Louis DiBerardinis, Director of EHS, M.I.T., Cambridge, MA

Design Laboratories for

Accessible Environment

THANK YOU FOR YOUR ATTENTION

Janet Baum, AIA, Div. CHAS

Program Co-Director & Instructor T. H. Chan School of Public Health Harvard University, Boston, MA